



MINDY AMITA AISLING

*Coaching & Support Services*

## Wheel of Life Blank/Custom

Label each color with an aspect of your life or business. Then rate your level of satisfaction in each area by coloring in the lines starting from the center and moving outward. Low satisfaction would be represented by coloring in only the single line closest to the center of the circle. Full satisfaction would fill all of the lines to the outermost ring of the circle.

